



# Mountain Way Elementary ~ May 2025

<p><b>Rise &amp; Shine</b> It's Breakfast Time!</p> <p><b>Additional Daily Breakfast Choices:</b> Whole Grain Cereal &amp; Cracker Yogurt &amp; Cracker Variety of Muffins All served with Fruit Choices A Variety of Milk &amp; Juice</p>	<p><b>Daily Lunch Choices</b> Daily Main Entrée or Ham &amp; Turkey Sub or Yogurt Combo Meal <b>Including:</b> <i>Daily Produce Buffet</i> <b>And Choice Of</b> 1% White Milk or Nonfat Chocolate Milk</p>	<p>This institution is an equal opportunity provider</p> <p>Menu subject to change without notice</p>	<p>1 <b>Breakfast:</b> Tiger Egg McMuffin With Egg &amp; Cheese <b>Captain Marvel</b> Teriyaki Chicken Brown Rice Fortune Cookie Cauliflower &amp; Broccoli</p>	<p>2 <b>Breakfast:</b> Whole Grain Doughnut <b>School Lunch Hero Day</b> Cheesy Breadsticks Vegetarian Chili</p>
<p>5 <b>Breakfast:</b> Pancake on a Stick <b>Cinco de Mayo!</b> Soft Taco Cilantro Lime Rice Churro Black Beans</p>	<p>6 <b>Breakfast:</b> Yogurt Parfait with Berries and Granola <b>Ant Man</b> Cheeseburger Mac &amp; Cheese (like Hamburger Helper) Green Salad</p>	<p>7 <b>Breakfast:</b> Grab &amp; Go Choices <b>Fantastic Four</b> Chicken Nuggets Goldfish Crackers Corn</p>	<p>8 <b>Breakfast:</b> Scrambled Eggs, Sausage links, &amp; 1/2 English Muffin <b>Supergirl</b> Orange Chicken Brown Rice Fortune Cookies Peas</p>	<p>9 <b>Breakfast:</b> Cinni Mini Cinnamon Roll <b>Young Justice</b> BBQ Pulled Pork on Flatbread Smiley Face Potatoes</p>
<p>12 <b>Breakfast:</b> French Toast Sticks Bacon &amp; Syrup <b>The Hulk</b> Chicken Alfredo Sauce over Pasta Caesar Salad</p>	<p>13 <b>Breakfast:</b> Breakfast Pizza with (Turkey) Sausage <b>Cat Woman</b> Nachos with Taco Meat &amp; Cheese Sauce Refried Beans</p>	<p>14 <b>Breakfast:</b> Grab &amp; Go Choices <b>Superman</b> Cheese Pizza Hummus &amp; Assorted Fresh Veggies</p>	<p>15 <b>Breakfast:</b> Tiger Egg McMuffin With Egg &amp; Cheese <b>The Avengers</b> Emoji Waffles Sausage Links Berries w/Whipped Topping</p>	<p>16 <b>Breakfast:</b> Whole Grain Doughnut <b>Teenage Mutant Ninja Turtles</b> Chicken Burger French Fries</p>
<p>19 <b>Breakfast:</b> Pancake on a Stick <b>Robin</b> Spaghetti &amp; Meatballs Or Spaghetti w/Beef Crumbles Green Beans</p>	<p>20 <b>Breakfast:</b> Berry Smoothie with Assorted Crackers <b>Spider-Man</b> Chicken &amp; Cheese Quesadilla Tortilla Chips with Black Beans &amp; Corn Salsa</p>	<p>21 <b>Breakfast:</b> Grab &amp; Go Choices <b>Bat Woman</b> Fish Nuggets Cornbread Coleslaw</p>	<p>22 <b>Breakfast:</b> Scrambled Eggs, Bacon &amp; 1/2 English Muffin <b>X-Men</b> Teriyaki Beef Dippers Brown Rice Fortune Cookies Cauliflower &amp; Broccoli</p>	<p>23 <b>Breakfast:</b> Cinni Mini Cinnamon Roll <b>Captain America</b> Cheese Burger Smiley Potatoes</p>
<p>26 <b>No School</b>  <b>Memorial Day</b> Remember &amp; Honor</p>	<p>27 <b>Breakfast:</b> Breakfast Pizza with (Turkey) Sausage <b>Guardians of the Galaxy</b> Nachos with Taco Meat &amp; Cheese Sauce Refried Beans</p>	<p>28 <b>Breakfast:</b> Grab &amp; Go Choices <b>Wonder Woman</b> Chicken Strips Cheddar SunChips Green Beans</p>	<p>29 <b>Breakfast:</b> Tiger Egg McMuffin With Egg &amp; Cheese <b>Iron Man</b> Asian Entrée Choice Brown Rice Fortune Cookies Roasted Edamame</p>	<p>30 <b>Breakfast:</b> Whole Grain Doughnut <b>Batman</b> Cheese Pizza Hummus &amp; Assorted Fresh Veggies</p>



**School Lunch Hero Day**  
celebrated May 2nd.

*Thank you to our own School Lunch heroes:*

Doni, Kelli, Chelsea, Becca, Roxy, Joline, Viviann, Jill,  
Chelsea, Tanya, Brenda, Kit, Marianne & Mila



**Daily choices of fruits and vegetable available daily on the Produce Buffet.**

**\*\*Students getting breakfast and/or lunch are required to take a 1/2 cup of fruit or veggies with their meal.**